"Unapologetically You"

Michelle is a leading voice in personal growth, a communication trainer, podcast host and published author of several books. She is a TEDx Keynote Speaker and the Host of Mental Shift on The New Channel (TNC), Philippines.
Michelle's background as a military child and spouse, world traveler, engineering, marketing, quality systems management and a political writer has made her a sought-after International Speaker, Trainer and Coach. She's presented for organizations across the globe.

Michelle Mras

AWARD WINNING INTERNATIONAL TEDX KEYNOTE SPEAKER, EXPERT TV & PODCAST GUEST AND HOST

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Video Business Card

Signature Topics

- Confront Your Inner-Critic
- Conquer Self-Doubt
- Resiliency
- Attitude Reboot
- Communication 3.0
- Control Chaos
- Believe B.O.L.D.
- Facing R.I.S.K.
- Magnetism
- Confidence

Signature Talks

- It's Not Luck - Overcoming You
- Amplify You Magnetism
- Shifting Your Mindset
- Live Unapologetic
- You Have 3-Seconds
- Eat, Drink and Be Mary (TEDx)